

simple everyday granola bars



ingredients

2 C rolled oats

1 1/2 C ground oats

1/2 C butter

1/4 C honey

directions

Whisk together rolled oats and ground oats. Melt butter in saucepan, add honey and stir. Combine butter/honey mixture with oats and mix to an even consistency. Press granola firmly into 8x8 pan and bake at 400 degrees for 8-10 minutes. Let cool, cut into squares and serve.

variations

optional additions: chocolate chips, raisins, dried cranberries...

PEANUT BUTTER: add 1/3 C natural peanut butter, 2 T sucanat, 1/2 tsp. real salt

PUMPKIN: add 1/2 C pumpkin puree, 1/2 tsp. (each) salt, cinnamon, nutmeg, allspice, 1/4 tsp. cloves

APPLESAUCE: 1/3 C unsweetened applesauce, 2 T sucanat, 1/2 (each) salt, cinnamon, nutmeg, 1/4 tsp. cloves

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