

Delicious Cabbage Salad

Melissa
Chappell
.com



ingredients

1/2 cabbage*

1/3 C nutritional yeast

1/4 chopped onion (optional)

1/3 C sunflower oil

salt to taste⁽¹⁾

directions

Combine everything in a bowl and mix until well incorporated and until the cabbage starts to wilt.

notes

**can be half purple and half green, or all one color*

⁽¹⁾nutritional yeast really benefits from an adequate amount of salt

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